

42 DAY SUPER KID TRANSFORMATION CHALLENGE

WEEK 6 - SEE, BELIEVE, ACHEIVE

1. You will need poster board and art supplies for this challenge.
2. Have your child think of 5 goals that they want to acheive. Asking them leading questions will help.
3. Have them find pictures in magazines (or internet), draw, color, and decorate their vision board to reflect their goals.
4. Once all the goals are on the board, have them right the age at which they will accomplish each goal on the vision board.
5. Put this up in their room as a way to keep them motivated and give a visual reminder of their goals.