

42 DAY SUPER KID TRANSFORMATION CHALLENGE

MY PRIORITIES

1.

2.

3.

4.

5.

When I feel like giving up, I will tell myself...

GOAL: _____

Action Steps:

1.

2.

3.

DEADLINE: _____

GOAL: _____

Action Steps:

1.

2.

3.

DEADLINE: _____

GOAL: _____

Action Steps:

1.

2.

3.

DEADLINE: _____

GOAL: _____

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1.

2.

3.

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GOAL: _____

Action Steps:

1.

2.

3.

DEADLINE: _____